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**Care and Assistance Record**

**Care and Assistance**

*Voluntary Help*

**Regular Help**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Helper’s Name | Help given: Tasks Undertaken | Time spent doing this | Frequency: Days | From | To |
|  |  |  |  |  |  |

**Regular Help** *(cont…)*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Helper’s Name | Help given: Tasks Undertaken | Time spent doing this | Frequency: Days | From | To |
|  |  |  |  |  |  |

**Regular Help** *(cont…)*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Helper’s Name | Help given: Tasks Undertaken | Time spent doing this | Frequency: Days | From | To |
|  |  |  |  |  |  |

**Intermittent Help**

|  |  |  |  |
| --- | --- | --- | --- |
| Date | Helper | Assistance Given | Time Spent |
|  |  |  |  |

**Intermittent Help** *(cont…)*

|  |  |  |  |
| --- | --- | --- | --- |
| Date | Helper | Assistance Given | Time Spent |
|  |  |  |  |

*Paid Care and Assistance*

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Helper’s Name | Work Undertaken | Time Spent | Frequency: Days/Weeks | Hourly Rate £ | From | To |
|  |  |  |  |  |  |  |